

## **IMMEDIATE DENTURE POST OPERATIVE INSTRUCTIONS**

Please take your pain medications as directed. If any antibiotics were prescribed take them as directed also. Be sure to take Ibuprofen 600mgs every 6 hours for at least the first three days; this helps to prevent the inflammatory process from starting. If we have prescribed narcotics, they are to be taken every six hours. You can take Ibuprofen in between doses of the narcotic (take 600 mg. Ibuprofen which is three Advil). This will result in some form of medication being taken every three hours. For example, Vicodin at noon, Motrin at 3:00, Vicodin at 6:00 and Motrin at 9:00.

Bleeding for up to a week is normal. When you wake in the morning you may have a bit of clotted blood in your mouth, again this is normal. When you go home, do not lie down flat, but rather keep your head elevated the first night. Use additional pillows in bed to aid in the clotting process.

For the first 24 hours following surgery AVOID the following:

- 1) Smoking
- 2) Spitting
- 3) Significant rinsing
- 4) Brushing the surgical site
- 5) Alcohol consumption

If any sutures were placed (stitches), you need to return in one week for their removal.

Do not take out your new appliance until we give you permission to do it at home. For at least the first week we want you to sleep with your new appliance.

If you have any questions please do not hesitate to call (248) 626-9915.